

COPPIN STATE UNIVERSITY ATHLETICS

ATHLETIC EMERGENCY PLAN

Athletic injuries are inherent in sports. They can occur at any time and during any activity. Athletic emergencies are rare occurrences. But, when they do occur, advance preparation and communication among all members of the emergency team are vital to ensure a safe outcome. Emergency situations may occur at anytime during athletic events. Proper and expedient action is necessary to provide the best possible care to the student-athletes of Coppin State University. The development and implementation of an athletic emergency plan will ensure that the best possible care is provided. The emergency plan should be implemented immediately when necessary to provide appropriate standards of care to all student-athletes. Proper advance preparation will enable each emergency situation to be managed appropriately. The importance of being properly prepared when athletic emergencies arise is vital. The survival of a student-athlete may depend on the training and preparation of the athletic healthcare providers. Time is a critical factor in emergency situations.

Emergency Personnel

The type and degree of coverage for an athletic event may vary based on factors such as the sport, activity, and location. The first responder to an athletic emergency is usually a member of the Coppin Athletic Training staff. It may be a licensed / certified athletic trainer, graduate assistant athletic trainer, or athletic training student. All Coppin Athletic Training personnel receive annual training in CPR, bloodborne pathogens, emergency equipment, emergency procedures, and transportation of the injured athlete. It is recommended that all athletics department personnel receive training in CPR, first aid, and bloodborne pathogens. An emergency team is necessary to insure that appropriate care is provided. It can include the licensed / athletic trainer, graduate assistant athletic trainer, athletic training student, emergency medical personnel, and team physicians. It is important to adapt personnel to each sport and situation. The emergency team member with the highest credentials takes the lead role.

Emergency Team Roles

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System
4. Direction of EMS to scene
5. Scene Control

Emergency Communication

Communication is the key to immediate delivery of appropriate healthcare in an athletic emergency situation. The athletic trainers, emergency medical personnel, and team physicians must work together to provide the best possible care to the student-athlete. Communication among all personnel prior to events will help establish roles and improve rapport. If emergency transportation is not available on site of an event, direct communication with the EMS is necessary. Immediate access to the EMS will be available by telephone, mobile telephone, or 2-way radio. All communication equipment will be checked prior to each event to ensure proper working order.

Activation of EMS – Call 911

1. Caller name, address, phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Hang up last

Emergency Equipment

All emergency equipment will be on site and quickly accessible. All Athletic Training personnel will be familiar with the operation and function of all equipment. Regular training will be provided to all Athletic Training personnel. Equipment will be checked on a regular basis and will be in good operating condition. All equipment will be cleaned, maintained, and stored in a controlled and readily available location.

Equipment

1. Spine Board
2. Airsplints
3. Vacuum Splints
4. Ice and wraps
5. Crutches
6. Sling
7. Immobilizer
8. Blood-Borne Pathogen Kit
9. Automated External Defibrillator (AED)

Transportation

An ambulance will be on site at high risk events such as football games and other special events. This will be coordinated by the Head Athletic Trainer. If an ambulance is not available at an event, Athletic Training personnel will have direct access to the EMS by appropriate communication equipment. In an emergency situation, the primary survey will identify the need for emergency intervention and transportation. All unstable student-athletes will be transported by EMS and not by inappropriate vehicles. This ensures that the student-athlete receives care by trained personnel with necessary equipment. An athletic trainer will accompany the student-athlete to the emergency room if there is adequate coverage for the event. Care should be taken so that the event will be covered by Athletic Training personnel.

COPPIN CENTER Gymnasium / Volleyball - Basketball

Emergency Personnel

Licensed / certified athletic trainer and athletic training student(s) will be on site for practice and competition. Additional athletic training staff is available in the Coppin Athletic Training Center (951-3728).

Emergency Communication

Telephone line in equipment room (951-3744) and Coppin Athletic Training Center

(951-3728).

Emergency Equipment

Emergency equipment is available in the Coppin Athletic Training Center and /or on site.

1. Spine Board
2. Airsplints
3. Vacuum Splints
4. Ice and wraps
5. Crutches
6. Sling
7. Immobilizer
8. Blood-Borne Pathogen Kit

Role of First Responders

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System (911)
4. Direction of EMS to scene
5. Scene control

Emergency Information

1. Caller name, address, phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Hang up last

Venue Directions

CoppinCenter is located on a half block from the corner of Warwick and W. North Avenue on the campus of Coppin State University. Direct access for volleyball should be through the south door. Direct access for basketball and the Athletic Training Center should be through the north door.

Tennis Center

Emergency Personnel

A Certified Athletic Trainer will be on site for all competitions. Additional athletic training staff are available in the Athletic Training Center during practices (951-3728).

Emergency Communication

Telephone line in Coppin Center Athletic Training Center (951-3728). Also coach and certified athletic trainer will have a cell phone on site to call 911 in case of emergency.

Emergency Equipment

Emergency equipment available in Coppin Center Athletic Training Center and / or on site.

1. Spine Board
2. Airsplints
3. Vacuum Splints
4. Ice and wraps
5. Crutches
6. Sling
7. Immobilizer
8. Blood-Borne Pathogen Kit

Role of First Responders

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System (911)
4. Direction of EMS to scene
5. Scene control

Emergency Information

1. Caller name, address, phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Hang up last

Venue Directions

The Tennis Center is located on Warwick Street on the campus of Coppin State University.

Coppin Center / Swimming Pool

Emergency Personnel

Licensed / certified athletic trainer and student athletic trainer(s) will be on site for practices and rehab. Additional athletic training staff are available in the Coppin Center Athletic Training Center (951-3728).

Emergency Communication

Telephone line in swimming pool office (951-3722).

Emergency Equipment

Emergency equipment available in Coppin Center Athletic Training Center.

1. Spine Board
2. Airsplints
3. Vacuum Splints
4. Ice and wraps
5. Crutches
6. Sling
7. Immobilizer
8. Blood-Borne Pathogen Kit

Role of First Responders

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System (911)
4. Direction of EMS to scene
5. Scene control

Emergency Information

1. Caller name, address, phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested

7. Hang up last

Venue Directions

The swimming pool is located in The Coppin Center Gymnasium on the corner of Warwick and North Avenue on the campus of Coppin State University. Direct access to the swimming pool is through the west door of Coppin Center.

Coppin Center Weight Room**Emergency Personnel**

Licensed / certified athletic trainer and student athletic trainer(s) will be on site for practices and rehab. Additional athletic training staff are available in the Coppin Center Athletic Training Center (951-3724).

Emergency Communication

Telephone line in the weight room (951-3736).

Emergency Equipment

Emergency equipment available in Coppin Center Athletic Training Center.

1. Spine Board
2. Airsplints
3. Vacuum Splints
4. Ice and wraps
5. Crutches
6. Sling
7. Immobilizer
8. Blood-Borne Pathogen Kit

Role of First Responders

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of Emergency Medical System (911)
4. Direction of EMS to scene
5. Scene control

Emergency Information

1. Caller name, address, phone number
2. Number of athletes
3. Condition of athletes
4. Emergency first aid initiated
5. Specific directions to location
6. Other information as requested
7. Hang up last

Venue Directions

The weight room is located in Coppin Center on the corner of Warwick Street and North Ave. on the campus of Coppin State University. Direct access to the weight room is through the west door of Coppin Center.

Bachman Sports Complex-Softball game field**Emergency Personnel**

Licensed / certified athletic trainer and student athletic trainer(s) will be on site for all games and in season practices and rehab. Additional athletic training staff are available in the Coppin Center Athletic Training Center (951-3728.)

Emergency Communication

Athletic Training Staff will have a cell phone for emergency purposes and will be in charge of calling 911.

Emergency Equipment-available at the fields for games.

1. Spine Board
2. Vacuum Splints
3. Ice and wraps
4. Crutches
5. Sling
6. Immobilizer
7. Blood-Borne Pathogen Kit

Venue Directions

From I-83 take the I-695 West exit to Baltimore. Follow I-695 West approximately 22 miles. From I-695 take exit 2 (MD 10 South to Severna Park). From MD 10 take the Ordnance Road East exit. At the third light turn right into the Bachman Sports Complex entrance (there is a sign for the Anne Arundel County Ordnance Road Corrections Center at the entrance).

From I-95 take Exit 62 (I-895 South/Harbor Tunnel). Follow I-895 (toll) approximately 8 miles. From 895, take exit 6 (to I-97 South/Annapolis/Bay Bridge), which will become the I-895 Spur. Follow I-895 Spur to MD 2 South approximately 2 miles. Merge onto MD 2 South. From MD 2 (Ritchie Hwy.) at the second light, turn left onto MD 710 (E. Ordnance Road). At the fifth light, turn right into the Bachman Sport Complex entrance.

Druid Hill Park-Softball Practice Fields

Emergency Personnel

Licensed / certified athletic trainer and student athletic trainer(s) will be on site for all games and in season practices and rehab. Additional athletic training staff are available in the Coppin Center Athletic Training Center (951-3728.)

Emergency Communication

Athletic Training Staff will have a cell phone for emergency purposes and will be in charge of calling 911. If there is no athletic trainer on site, the head coach will assume the responsibility of calling 911 and will have a cell phone on site.

Emergency Equipment-available at the fields for games.

1. Spine Board
2. Vacuum Splints
3. Ice and wraps
4. Crutches
5. Sling
6. Immobilizer
7. Blood-Borne Pathogen Kit

Venue Directions

From Coppin State University, turn right onto Gwyn's Fallo Parkway. Follow parkway straight into park until you have to make a turn and turn right. Make a left at the stop sign and a left at the second stop sign. The field is on the right

Joe Cannon Stadium- baseball game and practice filed

Emergency Personnel

Licensed / certified athletic trainer and student athletic trainer(s) will be on site for all games and in season practices and rehab. Additional athletic training staff are available in the Coppin Center Athletic Training Center (951-3728.)

Emergency Communication

Athletic Training Staff will have a cell phone for emergency purposes and will be in charge of calling 911. If there is no athletic trainer on site, the head coach will assume the responsibility of calling 911 and will have a cell phone on site

Emergency Equipment-available at the fields for games.

8. Spine Board
9. Vacuum Splints
10. Ice and wraps
11. Crutches
12. Sling
13. Immobilizer
14. Blood-Borne Pathogen Kit

Venue Directions

Take 95 South to exit 43A onto MD 100 East toward Glen Burnie. Take exit #10A/MD 713 South onto Arundel Mills Boulevard. Turn left at 2nd light onto Ridge Road. Take immediate left onto Ridge Chapel Rd. Take immediate left onto Teague Road.